

### **Love After Loss**

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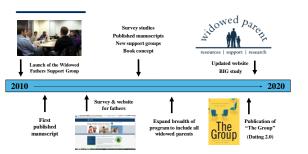


Please note: The information provided on this program is intended for educational purposes only.

If you or a loved one needs professional support, please contact TAPS 24/7 at 800-959-TAPS (8277).



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# **First Things First** → Grief is an individual thing | You are you → No timetable for any of this → There are no "stages" to pass through → You move forward with grief... don't move on from it **Loving Again** → Remarrying = "doing ok" | These are not the same Your spouse or partner died - not your desire for intimacy You decide on the timing – not others Don't wait to be "over" your spouse or partner (won't happen) TAPS € 500.959.TAPS ( TAPS.ORG ) ( STAPSorg 5 **Moving Forward**

Reimagine Life

TAPS

# **Moving Forward**

Reimagine Life

# **Find Meaning**

**Make Connections** 

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### **Moving Forward**

Reimagine Life

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Let's Chat

What Questions Do You Have?

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### About the TAPS Institute for Hope and Healing®

Launched in March 2018 through an alliance with HFA, the TAPS Institute for Hope and Healing® serves as a resource and training center, providing programs for both professionals working in the field of grief and loss and the public.





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