



**Virtual Activity:
TAPS Good Grief Camp at Home**

Activity Created/Presented by

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Activity Name

Love Lives On In My Heart

Age Group

Any; activity can be simplified or made more difficult based on age and learning level of the child/children. Adults can participate as well.

Description

You will be conducting a scavenger hunt for items to fill up a heart with. The point of this lesson is to help your child remember that they should keep on living while celebrating the love of their person. The heart can contain as many items as you see fit for the child. (See Adaptations)

We want your child to look forward to some future adventures that they can experience while still remembering their person. They will be encouraged to think of places they want to go or things they want to see at some point in their lives. Your child can hunt for the pictures of the places they wish to include in the heart. They may want to do online searches and print pictures, they may want to draw the places, they may want to cut out magazine pictures. Any method for finding the items will work as long as you are comfortable with it.

Supplies Needed

Printed heart shape (included) or drawn heart on as large a piece of paper as your child has access to.

Online access (to YOUR comfort level) to search for pictures of places (capability to print is your choice, they can also draw or just write names of the places) OR magazines or old books to cut photos from.

Glue, scissors, coloring items (markers, crayons, colored pencils, etc.)

Adaptation/s

This activity can be simplified or complicated to the level of the child completing it. Simplify by limiting number of places, allowing the child to print out pictures instead of drawing, or writing the name of the place(s) in the heart for them. Complicate the lesson by allowing the child more places and having them write out a sentence or two about why each place they chose is somewhere that they are continuing to celebrate their person with love.