



## From Bonnie Carroll, TAPS President and Founder

This month, America recognizes Gold Star Families Remembrance Week from September 18 to 24, and honors Gold Star Mother's Day on September 25.

But for you, every day is the day when we remember the love, celebrate the life and share the journey with our TAPS family. Together, we help each other heal, and we find comfort in our community of care.

We look forward to embracing the love and respect of America during these commemorations with you.



In September, our nation focuses on suicide prevention, bringing awareness to efforts that will ease suffering and save lives. TAPS will host our **14th Annual National Military Suicide Survivor Seminar and Good Grief Camp** on October 7 to 9 in Dallas, Texas, a chance to come together as a community that is bound not only by loss, but by so many precious lives lived in selfless service to our country.

This month, as we do throughout the year, we are honored to share our expertise, resources and support for all those grieving the loss of a military loved one to

suicide, including creating safe spaces where survivors can come together for peer to peer connection and understanding.

### New Blog

*The topics of prevention, intervention, and postvention can take on a much deeper meaning for suicide loss survivors and bring about many thoughts, feelings, and reactions.*

Read more in this **[new TAPS Blog by Dr. Carla Stumpf Patton](#)**, TAPS Senior Director of Suicide Prevention & Postvention Programs, as she shares about TAPS support and resources, and ways that we support all those grieving the death of a military or veteran loved one to suicide.

### Upcoming Webinar

#### **[Suicide Awareness and Prevention - A Conversation with Bereaved Survivors](#)**

Presented by the TAPS Institute for Hope and Healing®  
Wednesday, September 14 - 12:00 PM Eastern

**[Register to join](#)** Dr. Carla Stumpf Patton and other suicide loss survivors, members of the TAPS family, as they discuss the critical connection between postvention and what suicide prevention means now after personal loss.



## New BLOG



### Superheroes: An Example to Follow Along One's Grief Journey

Heroes and popular children's movie characters are often used as themes in TAPS Youth Programs events and programming. Children and teenagers can relate to the struggles faced by some of their favorite characters and how these fictional people face the many challenges that life can bring.

Using "hero" themes can provide a context to discussions about coping with grief, enduring life's challenges, learning to forgive, and finding meaning in life even in the midst of painful experiences. [Read more in our latest blog.](#)



## DID YOU KNOW...?



### The PACT Act Has Been Signed Into Law

TAPS is pleased to celebrate the passage of the Sergeant First Class Heath Robinson Honoring our Promise to Address Comprehensive Toxics (PACT) Act into law. This historic legislation ensures veterans of multiple generations who were exposed to burn pits, toxins, and airborne hazards, while deployed, are provided immediate, lifelong access to VA health care and benefits.

*"The passage of the Honoring Our PACT Act ensures that veterans who have selflessly served in defense of freedom and the families who have stood by their side know now that America will stand with them as they fight for their lives, and stand with their families should they not survive this final battle."*

~ Bonnie Carroll, TAPS President and Founder

[Read more about the PACT ACT](#)



## UPCOMING *in-person* CONNECTIONS

*We hope to see you at one of our many upcoming TAPS events soon!*



### **14th Annual National Military Suicide Survivor Seminar and Good Grief Camp**

*In-Person and Virtual Options Available*

Dallas, Texas

October 7 - 9, 2022

### **California Family Camp**

Julian, California

November 3 - 7, 2022

*Applications Close on October 3*



### **Western Regional Military Survivor Seminar and Good Grief Camp**

*In-Person and Virtual Options Available*

Los Angeles, California

November 18 - 20, 2022

### **Self Funded TAPS 7-Night Mexican Riviera Cruise**

Los Angeles, California

January 20 - 27, 2023

*Register by October 14*

Refer to the [TAPS Event Calendar](#) for information about additional upcoming events.



# UPCOMING *Online* CONNECTIONS

## Online Groups

By Relationship, Cause of Death & Peer Group

## Online Workshops

Learn Together & Have a Shared Experience

### **New Online Group** **Unmarried Partners**

Meets on the 2nd and 4th Tuesday at 8:00 PM Eastern  
*Begins September 13*

This is a time to gather with fellow unmarried Partners, Fiancés, Fiancées, and Significant Others. Whether you were dating your person for a short time or a long time partner, know that you are welcome in this circle, your love matters and your stories deserve to be told.

[Learn more and Register](#)

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## Women's Empowerment Programming

We are excited to once again offer surviving women many ways to come together and connect online in a safe, supportive, understanding, enriching and healing environment.



### **WE Connect**

Connect with other surviving women and explore ways to feel empowered, inspired, and engaged

### **WE Focus and Flow**

Mix of strength, mobility, and mind/body work intended to help cultivate steady hearts, steady minds, and steady nerves

### **WE Create**

Join us for a time of peace, inspiration and creation

[Learn more and Register](#)



## INSTITUTE FOR HOPE AND HEALING

At the Institute, practical information on coping with loss is accessible to all who seek current strategies, the most effective tools, and best practices for supporting those who are grieving and those who serve the grieving.

### Upcoming Webinars

#### Choosing Wellness

Tuesday, September 20  
12:00 PM Eastern

#### Understanding the Healing Powers of Recreation, Leisure and Play

Tuesday, October 4  
12:00 PM Eastern

### Webinar Archives

Missed a webinar?

Visit our [free on-demand library](#) 24/7 to access recorded TAPS Institute webinars on a variety of topics, including:

[Men, Grief, and Posttraumatic Growth](#)

[Coping With Guilt When You're Grieving](#)

[Supporting Our Kids, Supporting Ourselves](#)

**TAPS** *is here for you*



TAPS will always be here for you 24/7. There are so many ways to connect with your peers and professional support - to connect with someone who cares.

[TAPS National Military Survivor Helpline](#)

[800.959.TAPS \(8277\)](#)

[Get Help with Benefits](#) | [Connect to Peer Support](#)

[Find a Grief Counselor](#) | [Join our Online Community](#)

[Subscribe to receive the TAPS Daily Reflection with Dr. Alan Wolfelt.](#)

This daily email is subscription-based and will deliver the power of hope and comfort to you.

Follow us on social!

